



## Seido Juku Geelong Timetable 2012

<b>Tuesday</b>	<b>6.30 pm - 7.30 pm</b> <b>7.30 pm</b>	<b>General Class for all belts including Beginners</b> <b>General Sparring</b>
<b>Wednesday</b>	<b>6.30 pm - 7.15 pm</b> <b>7.00 pm - 7.20pm</b> <b>7.30 pm onwards</b>	<b>General Class for all belts including Beginners</b> <b>Meditation - 1st Wed of every month</b> <b>Black Belt Class **</b> <b>**Week 1, 2, 3 All Belts</b> <b>**Week 4 Yondan</b> <b>**Week 5 No BB Class</b>
<b>Thursday</b>	<b>6.00 pm – 6.30pm</b> <b>6.30 pm - 7.30 pm</b>	<b>Children 5-8 y/o</b> <b>General Class for all belts including Beginners</b>